As per NEP 2020 M.A. Home Science

(Effective from Academic Year 2024-2025 onwards)



PanditDeendayalUpadhyayaShekhawati

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Pandit Deendayal Upadhyaya

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Shekhawati University

Sikar(Rajasthan)

Final Credit Summary M.A. Home Science

			Credits						
Yr	Sem	DSC	DSE/ P/D	GEC	AEC	SEC	VAC	Seminar / Internship / Dissertation	Total
First	Pawas	18	4				2		24
rnst	Vasant	18	4				2		
C 1	Pawas	8	16				2		24
Second	Vasant	4	8					0	26
		48	32				6	8	20 94

Courses	SEM I	SEM II	PG Programme SEM III	SEM IV
Major DSC	DSC1(4) DSC2(4) DSC3(4) DSC4(2) DSC5(2) DSC6(2)	DSC7(4) DSC8(4) DSC9(4) DSC10(2) DSC11(2) DSC12(2)	DSC13(4) DSC14(4)	DSC15(4)
DSE	DSE1(4)	DSE2(4)	DSE3(4) DSE4(4) DSE5(4) DSE6(4)	DSE7(4) DSE8(4)
AEC	4 4 4 4 4 1 1 1			
SEC				
VAC	VAC1(2)	VAC2(2)	VAC3(2)	
Seminar / Internship / Dissertation				DPR(8)
	24	24	26	20
	48	8	46	20
Total			94	

Dy. Registrar Pandit Deendayal Upadhyaya Shekhawati University, Sikar(Rajasthan)

		Curriculum Structure								
		Session 2024-2025 onward	ls							
		ne: M.A. Home Science					~			
Yea	r: First			no il			Semest	er: I (I	'awas)	
				Onta Hrs. er We		Credits	Weightage (%)			
	Course code	Course Title		Т	P	Cre	CW\$	MTE	ETE	
1	Discipline Specific Core(DSC):									
	24MHM9101T	Advanced Nutrition and Food Science	4	0	0	4	20	10	70	
Semester	24MHM9102T	Human Development	4	0	0	4	20	10	70	
	24MHM9103T	Textiles fibers and their properties	4	0	0	4	20	10	70	
	24MHM9101P	Practical-I	0	0	4	2	40		60	
Pawas	24MHM9102P	Practical-II	0	0	4	2	40		60	
Pay	24MHM9103P	Practical-III	0	0	4	2	40		60	
	Discipline Specific Elective(DSE):									
	24MHM9104T	Gender in Extension and Development	4	0	0	4	20	10	70	
		OR							20.277	
	24MHM9105T	Entrepreneurship Management	4	0	0	4	20	10	70	
	Seminar/Interns	ship/Dissertation (S/I/D):								
3		Total			12.7	22				

S.N.	Particulars	Credits
1.	Discipline Specific Core(DSC):	18
2.	Discipline Specific Elective(DSE):	04
3.	Seminar/Internship/Dissertation(S/I/D):	
4.	Value Added Course (VAC):	02
	Total	24
class	(Class work): It would include attendance, assignments, test/quiz test/assignments, ppt, play, learn by fun ties etc.	



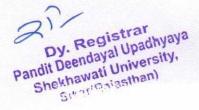
		Curriculum Structur	e						
No	ime of the Day	Session 2024-2025 onwa	rds		1				
Ve	ar: First	me: M.A. Home Science						-	
10	ar. First			21.5 A		5	Semest	er: II C	Vacant
	Course Code	Course Title		Contact Hrs. per Week			Semester: II (Vasant Weightage (%)		
				Т	P	Credits	CW\$	MTE	ETE
=	Discipline Speci	fic Core (DSC):						~	Щ
Semester	24MHM9201T	Introduction to Basic Design	1		To				
	24MHM9202T	Extension Education	4	0	0	4	20	10	70
	24MHM9203T	Family Resource Management	4	0	0	4	20	10	70
	24MHM9201P	Practical-I	4	0	0	4	20	10	70
ani	24MHM9201P	Practical-II	0	0	4	2	40		60
Vasant	24MHM9201P	Practical-III	0	0	4	2	40		60
>		fic Elective (DSE):	0	0	4	2	40		60
	4MHM9204T	Fashion Designing							
			4	0	0	4	20	10	70
1	4MHM9205T	Community Health Management	_			Post in			
		hip/Dissertation (S/I/D):	4	0	0	4	20	10	70
1		mp/Dissertation (S/I/D):		9					
1									
		Total				22			W. 17.

S.N.	Summary: II Semester Particulars	C 11
1.	Discipline Specific Core(DSC):	Credits
2.	Discipline Specific Elective (DSE):	18
3.	Seminar/Internship/Dissertation(S/I/D):	04
4.	Value Added Course (VAC):	
	varue Added Course (VAC):	02
CIVI	Total	24
1033	(Class work): It would include attendance, assignments, test/quiz test/assignments, ppt, play, learn by fun ies etc.	

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Shekhawati University
Bikar(Rajasthan)

M.A. Home Science Semester- I

Course Title:	Advanced Nutrition and Food Science	Course Code: 24MHM9101T
Total Le	cture hour 52	Hours
Unit I	1. Nutritional requirements and RDA for the entire life span according to the physiological needs a) Infancy b) Preschoolers c) School children d) Adolescents e) Adults f) Elderly 2.Body Composition 3. Human digestive system a) Structure and functions of different organs b) Digestion, absorption of carbohydrates, proteins, fats and vitamins	14
Unit II	4. Etiological, clinical features with emphasis on dietary. management and preventive measures related to food a) GERD, constipation, diarrhea b) Celiac disease c) Hepatitis, cirrhosis d) Hypertension, coronary heart disease, hyperlipidemia e) Diabetes mellitus f) Obesity g) Cancer h) HIV/AIDS5.	15
Unit III	Health Implications of junk foods, processed foods and convenience foods. Functions of foods: physiological and non-physiological. Cooking methods: types, merits and demerits.	10
Unit IV	Cereals and millets: structure, composition, processing techniques, effect of heat and acid, functions of starch in cookery. Legumes, nuts and oil seeds: composition, processing techniques, effect of heat, acid and alkali. Fruits and vegetables: types, composition, importance in diet, pigments, changes caused by heat and alkali. Milk and milk products: types, composition, physical and functional properties, properties, processing techniques, effect of heat, acid and alkali.	13
Referenc		
1	Bamji MS,Rao NP Reddy V E (2003) Text Book if Human Edition. Oxford & IBH Publishing Co. Pvt. Ltd.	
2	L. Kathleen Mahan and Sylvia Scott-Stump. Krause's Food, Nu Therapy .WB Saunders Company, Pennsylvania, USA	
3	Bogstrom, G. Principles of Food Science, Vol. I & II, The Mac York, 1968.	
4	Fraxier, W.C. Food Microbiology. McGraw, Hill book Co., Nev	v York, 1968.
5	Potter. N.N. Food Science.3rd ED CBS Publishers and Distribut	ors. Delhi, 1987.



Course Title:	Human Development		se Code
Total Le	cture hour 52	24MH	M9102
Unit I	Meaning, definition and scope of human developmen	t Duine in 1 - C	Hours
Unit II	affecting prenatal development. Stages of prenatal development affecting prenatal development. Basic Reflexes, Physical, Motor and Language and development during infancy, Development tasks. Theoretical approaches to early personality depsychosexual theory of Sigmoid Freud, Psycho Social Terickson and Piagets cognitive development theory of and pre-operational stage.	nt and Factors and Emotional velopment Theory of Erik sensory motor	15
	Developmental Tasks. Significance of early years, phy Social, Emotional and language development in early, m childhood. Theoretical contributions of Erickson, Piaget and understanding development. Play- Significance, types, characteristics of play. Home peer relationship: problems and adjustments.	iddle and late d Freud in e, school and	10
Unit III	Adolescence: Development tasks, physical, emotional, s and Intellectual development, Moral Development (Koh Theory) Puberty and Pubertal Changes, sexual Maturity contributions of Erickson, Piaget and Freud in u development. Challenges, adjustment and development tasks of early, madulthood	berg's Moral Theoretical Inderstanding Iddle and late	13
Unit IV	Theoretical understanding of adulthood, with reference to Freud. Significant issues in adulthood: Live-In-Relationship, B Divorce, Remarriage, DINKS. Adoption; Menopause and mid life crises and emptying of nest. Interpersonal and Intrapersonal adjustments, adjusting physical/motor and sensory capacities, Adjustment with familial situation, loss of life partner	eing Single, Andropause,	14
Reference	Books:		
1	Narang D; Chabra N & Koradia K (2010). Adolescent girls reproductive health, Pointer Publishers, Jaipur.	s: awareness rig	hts and
2		Development	;
3	Bhatt, N. (2007). Human Development-A Life span F Publishers. Jaipur	erspective. Aav	vishkar
4	Papalia, D.E., Olds, S.W. and Feldman, R.D. (2004). Hur Ed.). Tata Mc Graw-Hill Publishing Company Ltd. New I	nan Developme	ent (9 th
3	Moorjani J; Narang D & Manika (2009). Bal Vikas Ka Ma Prakashan, Jaipur	novigyan, Shri	Kavita



Course Title:	Textiles fibers and their properties	Course Code: 24MHM9103T
Total Lec	ture hour 52	Hours
Unit I	 Textiles fibers and their properties Classification of fibers Primary and secondary properties of textiles fibers. Manufacturing process, properties and use of follow - Cotton, Jute, Silk, Wool, Rayon, Polyester, and Poly Yarn construction Basic principles of yarn making - Mechanical spinning spinning), Chemical spinning Wet, Dry, and Melt. Types of yarns - Simple, Novelty and Textured yarns Yarn Twist and Yarn Numbering system 	yamide. 14 ng (cotton
Unit II	Fabric Construction Methods	
	 Weaving. Knitting, Braiding, Lacing and Netting. Weaving - Types of hand looms, parts of a loom, weaving, process. Classification and construction of basic weaves: plaisatin. Fabrics made from fibers Pelting and Bonding. Finishing Definition and importance of finishing. Classification of finishes. Preparatory Process - Desiring, Tendering, Scot Bleaching. Mechanical finishes - Sizing, Singeing, Mer Napping, Embossing and Calendaring. Functional finishes Wash and wear, Wrinkle resist resistant and repellent, Flame Retardant, Soil Mothproof and Anti-static. 	in, twill & 15 uring and cerization, ant, Water
Unit III	 Recent developments in textiles Nonwoven textiles. Technical Textiles- Meaning, classification, man techniques and future scenario. Smart textiles - Factors affecting the selection and uses Various denim finishes: Bio-polishing, bio-was softening finishes, Eco- friendly finishing with enzy 	ses.
Unit IV	 Apparel Selection & Care Selection of suitable fabrics and garments for Age toddlers, pre-school children, school going adolescents. Climate, occasion, occupation, fashion, figure. Clothing for people with special needs: maternity and old age and physically challenged. Selection of readymade garments Appearance - Size, design, line and colors, Fabric – ease of care. 	children, d lactation,



	 Workmanship – Cutting, sewing, finishing, cost and fitting.
Referen	ce Books:
1	Bela Bhargava (2003) "Vastra Vigyan avam dhulai kriya" University Book House Jaipur.
2	Shrivastave. K. N and Gupta. M "Paramparagal Bhartiya Vastra" Hindi Granth Academy, 2011
3	Susheda Dhantyagi "Fundamentals of Textiles and their care" Orient Longman Ltd.4thedition 1983 Reprinted1994
4	Sara J. Radolph and Anna L. Lang Ford, Textiles, Prentice hall, New York, 2002.
5	Gokarneshan U, Fabric Structure and Design, New age International Publishers 2004.

Course Title:		Practical – I	Course Code: 24MHM9101P
Total Le	cture h	our 52	
		Cooking methods. Cereals cookery- various preparations show dextrinization, gelatinization (b) functions of cereals (c) gluten formation and factors influencing Formation and (d) identification of the food grain	starch in ng its.
	3.	Vegetable cookery: (a) effect of heat, acid an, alka of vegetables with other foods.	
		Milk and milk products in various preparation. Identification of nutrition problem prevalent in cousing method of Nutritional Assessment-N Anthropometry, Clinical Examination, Dietary.	
	6.	Survey-24 hours recall method, Diet History.	
	7.	Nutrient rich dishes-Iron rich, Calcium rich, Vitami Fiber rich diet.	n A rich,
	8.	 High protein foods, high calorie food to combat malnutrition. Preparation of suitable supplementary foods. Plana diet for pregnant lady. Plana diet for lactating mother. Plan a diet for an infant. Plana diet for a pre-schoolchild. Plana diet for a school going child. Plan a diet for an adolescent girl. Plan a diet for an old person. Plana diet for following disorders- Gastrointestinal-Diarrhoea, constipation Acute fever, chronic fever Liver disease and Gall bladder-Hepatitis Cardio Vascular-Hypertension, Hyperlipidemia r1etabolicdisorder- Diabetes• 	



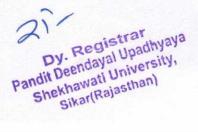
	Obesity
	Underweight
Refe	rence Books:
1	Swaminathan, M. Essentials of food and nutrition, Ganesh and CO. Madras 1974
2	Anita. F.P. Clinical Dietetics and Nutrition, Oxford University Press 1973.
3	Agrawal, Gupta and Khuteta. Bhojan and Poshan, Ajmer Book Company, Jaipur 2001, Singh Vunda.
4	Gupta. S., Seth, R., Khanna, K. and Mahna, R. Art and Science of Cooking-A Student's Manual, Blaze Publishers & Distributors Pvt Ltd. New Delhi 1991.
5	Mathur, M., Goyle, A., Gupta, P. and Magon A. Book of Recipes. India Book House, Jaipur, 1995.

Cours Title:	그래 이 나는 이 그리고 있는데 그 아들이 살아보다고 모으면 있어 때문에 되었다면 내가 그렇게 되었다면 살아보다면 하는데 그 전문에 되었다면 하다.	Course Code: 24MHM9102P
Total 1	Lecture hour 52	
	1. Planning and preparation of teaching aids and pla material for nursery school/crèche and use of thes participation with children: Puppets Posters Posters Flash Cards Toys Board games Blocks Paper craft Books of Rhymes and Poems. (Any Five) Plan, prepare and organize activity corners, st sessions, music, dance, interactive games and han Water play Sand play Picnics Field trips Visit to primary health Center, block level adm office, Anganwadi Center, primary school (any of the Visit to PHC to make observation of neonatal to b) Visit to elderly homes for elderly interactions	torytelling ads on like inistrative ne).
Refer	ence Books:	
1	Chowdhury Paul, d. (1988): Youth: Participation and deve	elopment, New Delhi:
	Atmaram and Sons Unit V, XII, XIV, XV, (Entire Book)	
2	Bermer, J.A. (1988): Introduction to early childhood Education	
3	Murlidharan, R. (1996). Guide to nursery school teacher. New	Delhi NCERT



Course Title:	Title: 24	
Total I	ecture hour 52	Hours
	Equipment and tools for measuring, marking, cutting, sewing and finishing. 1. Taking body measurements 2. Facts about fabrics- a) Importance & identification of grain. b) Identifying right & wrong side. c) Different widths of fabric. d) Types of thread and needle according to fabric 3. Drafting of Adult's Basic Bodice and Sleeve bock 4. Drafting of different types of yokes, sleeves and collars using the bodice. 5. Block and sleeves blocks 6. Garment construction with above design features (at leas any two in each garment) a) Child's-Gathered frock & amp; night suit. b) Women's-Kurti and Salwari/Churidar and Nightwear 7. Survey of local market for collection of various fabrics samples Different fabric construction technique and Trimmings).	
	nce Books:	
	Mathews Mary - Practical clothing construction I & amp; II, cosmic pre-	ss, Madras.
	Bane, A. (1974): Tailoring, McGraw Hill Publication, New Delhi.	
	Savitri Pandit (1967): Manual for Children's Clothing, Orient Long Stephens Frings,	man I. Gini
4	Zarapkar K.R, System of Cutting, Navneet Publications India, 2005	

Course Title:	Gender in Extension and Development		rse Code: IM9104T	
Total Lec	ture hour 52		Hours	
Unit I	Gender and Development: Concept of gender, gender roles, changing trends, gender analysis matrix; Shift from welfare to development and empowerment, gender in development, gender and development; National and international efforts for gender empowerment.		13	
Unit II	Status of Women: Status- meaning, status of women-a situational analysis, demographic, education, employment, political and health (general, occupational and reproductive); Changing scenario.		13	
Unit III			14	
Unit IV	Support System: Role and functions of the Department of Women and Child Development, Central Social Welfare Board, State Social Welfare Boards, National Commission for Women, Women's Development Corporation.		12	



1	Desai, N and Pate, V., Indian Women: Change and Challenge in the International Decade.
2	Singh, Surendra and Srivastavam S.P. Gender Equality Through Women's Empowerment.
3	Strategies and Approaches.
4	Kant, Anjani- Women and the Law
5	Choudhary, D.Paul- Child Welfare and Development.

Cour	Entrepreneurship Management	Course Code: 24MHM9105T	
	Lecture hour 52	Hours	
Unit		10	
Unit II Role of Enterprise in National and Global Economy: Gove policies and schemes for enterprise development. Institutional in enterprise development and management.			
Unit 1			
Unit	Market economy: Basic definitions, types of market, marketing mix, marketing environment Strategic Planning and Marketing steps: Product development, promotion and distribution.		
Refer	ence Books:		
1	Meredith, G.G. et.al. (1982) Practice of Entrepreneurship. ILO, Geneva		
2	Hirtich R.D. and Peters M.P. (1995): Entrepreneurship- Starting Developing and Managing a New Enterprise, Richard D. Irwinm INC, U.S.A.		
3	Deacen, RE and Firebaugh, F.M. (1981): Resource Management Principles and Application, Allyn and Dacen and Bacen Bosten.		
4	Bedekar, S.J. (1991): Marketing- Concept and Strategies, Oxford University Press Mumbai.		
5	Memores, C.B., Principles and Practice of Marketing in India, Kitab Maha	1.	



Semester- II

Course Title:	Introduction to Basic Design	Course Code: 24MHM9201T
Total Le	cture hour 40	Hours
Unit I	1. Element of design Line: Types of line: straight and curved etc., Illusion Emotional significance, Form: Definition, Classification, Requirements of a good for Textures: Definition, Types: visual, tactile, Significature Light: Types of light: natural and artificial, Emotional significial lighting system, Shape and Space: Definition, Classification: open and content of Pattern: Definition Motifs: naturalistic, stylized, Geometric, Characteristics of a good pattern Color: Introduction, Theories, Characteristics, Warm & Color: Introduction, Theories, Characteristics, Emotional color	gnificance of elose abstract.
Unit II	 Principles of design a. Balance: Definition, Types b. Rhythm: Definition, Ways of achieving rhythm: reshapes, progression of size, continuous line movement c. Proportion: Definition, Scale d. Emphasis: Definition, Ways of achieving emphasis: gobjects, use of contrasting colour, use of decoration, use of decor	rouping of see of back
Unit III	Application of design in home Management Element of design: Line, Form, Textures, Light, Space Color Principle of design: Balance, Rhythm, Proportion, Harmony Use of elements and principles of design in interiors Master's Bed room, Living room, Children bed room, Draw Bath room, Kitchen	Emphasis, 12
Unit IV	 Elements and principles of art applied in textile design. Effects and function of elements and principles of an Design selection in relation to figure, complexion occasion and fashion. Concept of Repeat in Design. Types of Repeats: Plain, Vertical, Horizontal, Twill, Half step, All over. Layout of design - pattern repeat, drop devices and b. Special considerations in design selection and layout - stripes, checks, plaids, prints. Colour & colour schemes, Psychological effects of Importance of colour, Study of colour theories, colocolour in clothing. 	rt in dress, climates, Mirror, asses, of pattern of colour.



Refe	erence Books:
1	E & OE. " Planning -The architects Handbook"
2	Deshpande (1991), Build Your Homes, United Book Corporation, Puna.
3	Agan Tessie (1986), The House Its Plan And Use, Oxford and IBH publishing company, New Delhi.
4	Gillat Iv1. & Goldstein V. (1967), Art Eve1yday Life, Oxford & IBH publishing Co., New Delhi.
5	Prakash, Traditional Indian Motifs, The Design Point, Bombay.

Course Title:	Extension Education		e Code: M9202T
Total Lec	ture hour 40		Hours
Unit I	Introduction to communication Origin, Concept, definition, nature of communication Models of communication Levels of communication Effective communication- Frame of reference fidelity, communication gap, time lag, empath heterophily. Functions of communication Communication media and Technology Classification of media Selection of appropriate media Production and use of selected media in Home Selection of talk, television talk, pur play Writing for newspapers, magazine	se, perception, hy, homophily,	18
Unit II	Developmental communication Problems in Development and grass root part and participation) Development communication strategies for mobilization		10
Unit III	 Importance of leadership in developmental communication. Understanding the role of traditional and mode developmental communication. Participatory approach in developmental concommunication process. Elements of communication. Principle of effective communication Channels of communication Problems of communication (related to the offerstage). 	odern media in mmunication -	14
Unit IV	Appropriate technology for women Role and status of women in rural development Approach and methods of socio economic ana RRA Need of appropriate technology for women		10



	Transfer of technology and factors affecting TOT	
	TOT process and improvement	
Refe	rence Books:	
1	Benjamin James: Communication Concepts and	
2	Benjamin James: Communication Concepts and Contents, Participation of Theory and Berlo, D.K.: The Process of Communicating-An Introduction to Theory and Practical, 1960, New York, Henry Holl and Company Chopra, K., Kaukodi, G.K., & Murty, rvt.N.: Participatory Development, 1990. Sagar	
3	Chopra, K., Kaukodi, G.K., & Murty, W. N. Turto-party Publication Dhama, O.P. & Bhatnagar, O.P.: Education and Communication for Development	
4	Dhama, O.P. & Bhatnagar, O.P.: Education and Communication and management, 1999, Nays Prakashan Ray, G.L., Extension Communication and management, 1999, Nays Prakashan	
5	Ray, G.L., Extension Communication and management, Calcutta	

Course	Family Resource Management 24MH	e Code: 19203T
Title:	Tamay 200	Hours
Total Lect	ure hour 40	
Unit I	 Housing Function & family need of housing. Principles of house planning: aspect, prospect, grouping of room, roominess, privacy, orientation, circulation, flexibility, spaciousness, aesthetics economy, ventilation services. Site selection: Vegetation: Size, Soil types drainage, Contour (shape), Orientation Elements and principles of arts and design as related to interior decoration with specific reference to color and light. Floor decoration with use of elementary art Table setting & 	
Unit II	Interior designing Room arrangement and decoration - arrangement of furniture, furnishings and accessories in various rooms. Kitchen planning, importance of counters, storage principles, working heights. Selection and care of household equipment (without reference to any specific equipment). Household waste & its management by 3R. Flower decoration Basic equipment's Vases and containers Preparing plant material Shaping an arrangement Furniture Types of furniture Selection use & care Arrangement of fi.1rniture in various rooms	



Un	t III Resource Management	
	Meaning, definition and importance of home management	
	Process of management:	
	• Planning	
	Organization	
	Implementation	
	controlling and evaluation	
	Introduction to motivational factor (meaning and types)	
	Values	13
	• Goals	1
	Standards	
	Decision Making	
	• Resources	
	Time management:	
	Tools in time management: Time cost, Time norms, Peak loads	
	Work curve and rest periods. Process of managing time	
Unit	Energy ivialiagement:	
	Process of energy management	
	Fatigue	
	Body mechanics	
	Work simplification - Mundel's Classes of changes Free Park	
	Elgonomics: Meaning, importance & its component	
	Money Management	
	Family Income: sources & type	12
	Budget: Definition & Process of budget making Soving	
	Saving, investment and raising housing loop, Decition	
	Objectives, Chamlers: pank insurance nost office	
	Consumer problems, rights & responsibilities	
	Seeking redressal to consumer problems with special reference to	
	Consumer courts.	
	ence Books:	
1	Bryan Lawson (1980). How Designer Think. Architectural press Ltd.	
2	Agai wai S. (2009). Gran Prabandh Manual Shiyam book house Jainus	
3	resource management Change: All II II	hlichan
1	and another than the same and t	
4	Gillat M & Goldstein V (1967). Art Everyday Life. Oxford & IBH publish New Delhi.	ing Co
	Goldsteim M & Goldstein V (I 967). Art Everything Life. Mc Graw hill 13ooks	
	Ltd. New York.	0

Course	D	
Title:	Practical – I	Course Code:
Total Lecture hour 52		24MHM9201F



Contents-

- 1. Drawing of color wheel.
- 2. Drawing of color Schemes.
- 3. Drawing of Tints and Shade Chart
- 4. Drawing various types of furniture for all the room of

Selection of color scheme in rooms-

- a) Master's bed room
- b) Children's bed room
- c) Living room
- d) Dining room
- e) Drawing room
- f) Kitchen
- 5. Application of principles in interior decoration drawing each one of them Principles of design
 - a) Balance
 - b) Rhythm
 - c) Proportion
 - d) Emphasis
 - e) Harmony

Make a scrap book with following motif types using fabric

- Abstract
- Geometrical
- Natural
- Stylized
- Traditional

Creating designs with units like flowers, alphabets

- Development of motif
- Enlargement & reduction of motifs
- · Concept of design repeat, layout
- Development of design sheets for home textiles: Table Linens (runner, napkin, table cloth)

Developing designs for decorating fabrics for various end uses using traditional motifs and different techniques of tie and dye

- Marbling
- Pleating and Binding
- Folding
- Bandhani
- Laheria
- Tritik/Shibori

Course Title: Total L			urse Code: HM9202P	
	Contents-		Hours	
	 Writing script for one of the media referred in th Production of selected media in Home Science 	eory Extension		

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a communication

- Pre-testing of the selected media
- Use of Selected media in the field
- Developing skill in any of the folk media
- News and repolt writing of programme for farm/slum, women

Course Title: Total Le	Practical – III	
	Contents: 1. Project work on money management: • How to open various accounts in the bank. • Filling up of slips/forms of bank and post office. i. Application for draft ii. Cheques iii. Withdrawal slip iv. Money order form v. Application for housing loan 2. Floor decoration: Alpana, Rangoli & Mandana 3. Flower arrangement: fresh and dry arrangements. 4. Table setting 5. Best out of waste (one article) 6. Cleaning of wood, stone, tiles, metal & glass. 7. House plans: • for various income groups (LIG,MIG,HIG) i. Drawing of architectural symbols of house plan ii. Architectural symbols of electricity plan iii. Furniture symbols • Rooms (making any one paper model): Drawing R Dining cum leaving room, Children study room, Bed r Pooja Room • Kitchen planning (making any one paper model) i. One wall ii. Two wall iii. L shape iv. U shape	Room, room,

Course Title:		Course Code	
Total Lecture hour 52 24MH		HM9204T	
Unit I		Hours	
	Fashion: Definition, history, elements, terminology, cycle, factors affecting fashion, fashion sources, fashion trends in India and abroad. Principles and elements of art in dress designing.	13	
Unit II	Anthropometrical Measurement: Concept, importance, technique		
	and precautions. Concept, importance, technique	14	



		Pattern Making: Methods of drafting, draping, flat pattern, techniques and uses.	
Unit III		Commercial Patterns Commercial	
		Commercial Pattern: Concept, selection, and use of commercial pattern.	
		Selection of Fobrian B	
		Selection of Fabrics: Factors affecting selection of fabric for different garments, Calculating quantity of fabric pands 15.	13
Uni	t IV	garments, Calculating quantity of fabric needed for different garments. Layout Planning: Definition types of layout Planning: Definition types of layout Planning:	
		Layout Planning: Definition, types of layout, economy of fabric in placing patterns, adjusting	
		placing patterns, adjusting	
		fabric to pattern	
		Fitting: Good fit – definition, principles and clues for good fit (ease, line, grain, set and balance)	12
) of o	Man -	line, grain, set and balance)	
	rence	Books:	
1	A bl	ing bina, Fashion Sketch Book, Fairabild D. U.	
2	Sear	A bling bina, Fashion Sketch Book, Fairchild Publishers, New York Seaman Julian - Professional Fashion illustration, B.T. Batsford, London Tata, S.L. & Edwards, M.S The complete by the Co	
3 Tata, S.L. & Edwards, M.G. Tillustration, B.T. Batsford, Lond		S.L. & Edwards M.S. T. Batsford, London	
	Harr	, S.L. & Edwards, M.S The complete book of fashion illustrations, New Publications	. V. 1
4	Harper & Row Publications Lethwoney LN 1998		
5	D	Jethwaney, J.N. 1999 - Advertising, Phoenix Publishing House Pvt. Ltd. Roundey N. & Mair, D - Strategies for Tachris L.G.	
3	Roundey N. & Mair, D - Strategies for Technical Communication, Little Brown & Co., Boston, Toranto		
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U	nit I	Concept of Health and Health Co.	Hours
		Concept of Health and Health Care: Concepts of health and positive health, definitions of health; Health – factors affecting health, health as a human right; Concept of community health and global health, health for all; Primary health care - definitions, principles, components, comprehensive health care, levels of prevention, concept of reproductive health.	15
Un	it II	Health and Development Indices: Health in 1	
Lini	t III	Health and Development Indices: Health indices and related indices in community health, fertility indicators, demographic indicators – sex ratio, social and mental health indicators; Human Development Index;	15
CIII	. 111	Management of Information System in Health Sector: Health surveys; Monitoring health; Health regulations and extra little surveys;	
		Census; Evaluation of health services. Ecology and Environment: Cause, effects and prevention of global warming; Concept of natural and man-made disasters	11
Unit	IV	Health Care Services: Health admit is	
Refer	rence	Health Care Services: Health administrative set up - state, national, urban, rural, private; Role of NGOs in health services; Importance of National Health Programmes; Child survival and safe motherhood; Importance of Child Health and related programmes; Health in relation to community development; Important National and International Health Agencies; Health Information, education, communication. Books:	11
1	Man	ngatt, A.N. and Romen, S.C. S. 116	
2	Dak,	ngatt, A.N. and Bomen, S.C Social Service and Mental Health C, T.M Sociology of Health in India	
3	Smol	nolenske- Principles of Community IV	
4	Suchi	Suchman, E.H Sociology in the Field of Public Health.	

